(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

DIRECTORS' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2013

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### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### COMPANY INFORMATION

Directors

Helen O'Donoghue

Mary Kelly

Patrick J Mulvee

John Hynes Ita Mangan Paul Murray

Fionnuala Hanrahan

Catherine Marshall

(Resigned on 23/07/2013)

(Appointed on 23/07/2013)

(Appointed on 14/11/2013)

Secretary

Mary Kelly

Company Number

284318

Date of Incorporation

21st April 1998

**Charity Number** 

CHY 12365

Registered Office

Marino Institute of Education

Griffith Avenue Dublin 9

Auditors

HTH Accountants

Certified Public Accountants & Statutory Auditors

Jasmine Lodge Main Street Celbridge Co. Kildare

Bankers

AlB Bank

7 / 12 Dame Street

Dublin 2

#### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

# REPORT OF THE DIRECTORS YEAR ENDED 31st DECEMBER 2013

The Directors submit their report together with the Audited Financial Statements for the year ended 31st December 2013

#### PRINCIPAL ACTIVITIES

The main objects for which the Company is established are:

- (a) To promote positive attitudes towards the ageing process
- (b) To promote a positive image of older people
- (c) To promote the concept of good health in older people.

The results for the year and the financial position at the year end were considered satisfactory given the current climate, by the directors who do not foresee any significant changes in the core business activities of the company for the foreseeable future. The principal risks and uncertainties facing the company are:

Economic Risk: The current economic environment has led to a significant reduction in the levels of government funding being received by charity organisations. Age and Opportunity relies on the funding that it receives from the HSE as well as funding from other projects. A reduction in the future of this funding from the HSE and other projects would lead to the company facing difficulty with respect to meeting its day to day expenditure and its future financing requirements.

#### **RESULTS AND DIVIDENDS**

The results for the year are as set out on page 7.

#### POST BALANCE SHEET EVENTS

No significant events have affected the company since the year end.

#### **FUTURE DEVELOPMENTS**

As well as raising funds from state and philanthropic sources the organisation has embarked on an initiative to extend the generation of income to include social enterprise.

#### DIRECTORS

John Hynes
Helen O'Donoghue
Mary Keily
Ita Mangan
Paul Murray
Fionnuala Hanrahan
Catherine Marshall

(Appointed on 23/07/2013) (Appointed on 14/11/2013)

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#### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

# REPORT OF THE DIRECTORS YEAR ENDED 31st DECEMBER 2013

#### **BOOKS AND RECORDS**

The company directors are responsible for ensuring that proper books and records, as outlined in Section 202 of the Companies Act 1990, are kept by the company. The Directors have appointed appropriate accounting personnel in order to ensure compliance with those requirements. The books and accounting records of the company are maintained at the company's registered office, Marino Institute of Education, Griffith Avenue, Dublin 9.

#### **AUDITORS**

In accordance with the Companies Act 1963, section 160(2), HTH Accountants continue in office as auditors of the company.

#### STATEMENT OF DIRECTORS' RESPONSIBILITIES

The directors are responsible for preparing the financial statements in accordance with applicable laws and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Accounting Standards Board and promulgated by the Institute of Certified Public Accountants in Ireland.

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistenly;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Acts 1963 to 2012. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularites.

APPROVED ON BEHALF OF THE BOARD ON 10/3/2014.

DIRECTOR

DIRECTOR

#### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF AGE AND OPPORTUNITY

We have audited the financial statements for Age & Opportunity on pages 7 to 14 for the year ended 31st December 2013. These financial statements have been prepared under the historical cost convention and the accounting policies set out herein.

#### Respective responsibilities of the directors and auditors.

As described in the statement of directors' responsibilities on page 4 the company's directors are responsible for the preparation of the financial statements in accordance with applicable law and the accounting standards issued by the Accounting Standards Board and published by the Institute of Certified Public Accountants in Ireland (Generally Accepted Accounting Practice in Ireland).

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK & Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

We report to you our opinion as to whether the financial statements give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, and are properly prepared in accordance with the Companies Acts, 1963 to 2012. We also report to you whether in our opinion: proper books of account have been kept by the company and whether the information given in the directors' report is consistent with the financial statements. In addition, we state whether we have obtained all the Information and explanations necessary for the purposes of our audit, and whether the company's balance sheet and its income and expenditure account are in agreement with the books of accounts.

We also report to you if, in our opinion, any information specified by law regarding the directors' remuneration and transactions is not disclosed and, where practicable, include such information in our report.

We read the directors' report and consider the implications for our report if we become aware of any apparent misstatements within it.

#### Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practice Board. An Audit included examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also included an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatements, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

#### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF AGE AND OPPORTUNITY

#### Opinion

In our opinion the financial statements give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31st December 2013 and of its break even position for the year then ended and have been properly prepared in accordance with the Companies Acts 1963 to 2012.

We have obtained all the information and explanations we consider necessary for the purposes of our audit. In our opinion, proper books of account have been kept by the company. The financial statements are in agreement with the books of account.

In our opinion, the information given in the directors' report is consistent with the financial statements.

Keith Traynor for and on behalf of

DATE

10/03/2014

HTH Accountants

Certified Public Accountants & Statutory Auditors

Jasmine Lodge Main Street

Celbridge Co. Kildare

This is to certify that this is a true copy of the independent auditors' report in respect of Age & Opportunity.

DATE

10/03/2014

DATE

10/03/2014

### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### **INCOME & EXPENDITURE ACCOUNT**

#### YEAR ENDED 31st DECEMBER 2013

	NOTES	2013 €	2012 €
Income		2,041,189	2,373,382
Expenditure	•	(2,143,880)	(2,361,233)
(Deficit)/Surplus on ordinary activities before tax	3	(102,691)	12,149
Bank deposit interest		17,305	31,090
Tax on surplus on ordinary activities	4		
(Deficit)/Surplus on ordinary activities for the year		(85,386)	43,239
Tax on surplus on ordinary activities	4	<u> </u>	

The income and expenditure account has been prepared on the basis that all operations are continuing operations.

There are no recognised gains and losses other than those passing through the income and expenditure account.

APPROVED ON BEHALF OF THE BOARD ON 10th MARCH 2014.

DIRECTOR Als Algues DIRECTOR It May

### **BALANCE SHEET** AT 31st DECEMBER 2013

	NOTES	2013 €	2012 €	
CURRENT ASSETS				
Cash on Deposit Cash in Current Account Cash on Hand Prepayments & accrued income		945,050 96,267 645 10,291 1,052,252	917,745 136,906 65 10,108 1,064,824	
CREDITORS FALLING DUE WITHIN ONE YEAR				
Creditors & accruals Deferred Income	5	120,522 526,045	47,105 526,648	
		646,567	573,753	
NET ASSETS	6	405,685	491,071	
REPRESENTED BY:				
Accumulated funds	7	405,685	491,071	
Approved by the board and authorised for issue on 10/03/2014.				
DIRECTOR Jala Agrees	DIRECTOR	It Mug		

### **CASH FLOW STATEMENT** AT 31st DECEMBER 2013

	2013 €	2012 €
Net cash outflow from operating activities	(30,060)	(792,496)
Returns on investments and servicing of finance		
Interest received 17,305	31,090	_
	17,305	31,090
Net cash outflows for returns on investments and servicing of finance	(12,755)	(761,406)
Decrease in cash in the year	(12,755)	(761,406)

# (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

# NOTES TO THE CASH FLOW STATEMENT AT 31st DECEMBER 2013

### 1. Reconciliation of operating deficit to net cash inflow from operating activities

	2013		2012
Operating deficit Increase in debtors Increase in creditors	(102,691) (183) 72,814	_	12,149 (127) (804,518)
	(30,060)	=	(792,496)
2. Analysis of changes in net debt	01-Jan-13	Cash flow	31-Dec-13
	€	€	€
Cash at bank and in hand	1,054,716	(12,755)	1,041,961
Net funds	1,054,716	(12,755)	1,041,961
3. Reconciliation of net cash flow to movement in net debt	2013 €		2012 €
Decrease in cash during the period	(12,755)		(761,406)
Movement in net funds in the year	(12,755)	-	(761,406)
Opening Net funds	1,054,716		1,816,122
Closing Net funds	1,041,961		1,054,716

#### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31st DECEMBER 2013

#### 1 ACCOUNTING POLICIES

#### 1.1 ACCOUNTING CONVENTION

The financial statements are prepared under the historical cost convention.

#### 1.1 COMPLIANCE WITH ACCOUNTING STANDARDS

The financial statements are prepared in accordance with applicable law and accounting standards issued by the Accounting Standards Board and promulgated by the Institute of Certified Public Accountants in Ireland (Generally Accepted Accounting Practice in Ireland), which have been applied consistenly (except as otherwise stated).

#### 1.2 INCOME

Income represents grants receivable and other income.

#### 1.3 GOVERNMENT GRANTS

Grants are credited to deferred revenue. Grants towards revenue expenditure are released to the income and expenditure account as the related expenditure is incurred.

#### 1.4 PENSIONS

The company operates a PRSA scheme for the benefit of its employees. Contributions payable are charged to the income and expenditure account in the year they are payable.

#### 2 INCOME

The total income of the company for the year has been derived from its principle activity wholly undertaken in the Republic of Ireland.

3	OPERATING COSTS	2013	2012
	The operating (deficit)/surplus for the year is stated after charging:		
	alter Gradying.	€	€
	Auditors Remuneration	5,495	5,495

# (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31st DECEMBER 2013

#### 4 TAXATION

The company has obtained Charitable Status from the revenue commissioners and accordingly no liability arises to Corporation Tax.

#### 5 CREDITORS FALLING DUE WITHIN ONE YEAR

	2013 €	2012 €
Trade creditors	70,644	22,204
Accruals	33,862	4,450
Credit card	1,415	1,119
PAYE/PRSI liability	14,601	19,333
	120,522	47,105

#### 6 STATEMENT OF MOVEMENTS ON INCOME AND EXPENDITURE ACCOUNT

	income and Expenditure account €
Balance at 1 January 2013 (Deficit) for the year	491,071 (85,386)
Balance at 31 December 2013	405,685

## (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31st DECEMBER 2013

#### 7 RECONCILIATION OF MOVEMENT IN MEMBERS FUNDS

		2013	2012
		€	€
	(Deficit)/Surplus for the financial year	(85,386)	43,239
	Opening members funds	491,071	447,832
			-
	Closing members funds	405,685	491,071
8	EMPLOYEES		
	The average number of employees during the year was as follo	nws:	
	The average number of employees adming the year has as tend		
		<u>2013</u>	2012
	- Full Time	5	7
	- Part Time	16	12
		21	19
	Employee costs were as follows:-		
		0040	2012
		2013 €	2012
		-	-14
	Salaries and pension contributions	854,498	913,506
	Permanent health insurance Life assurance contributions	16,620 5,612	16,647 5,961
	Life assurance continuutions	0,012	
		876,730	936,114

### (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31st DECEMBER 2013

#### 9 APPROVAL OF FINANCIAL STATEMENTS

The Financial Statements were approved by the Board of Directors on 10/03/2014.

## YEAR ENDED 31st DECEMBER 2013

# SUMMARY OF INCOME

	2013 €	2012 €
SUMMARY OF INCOME		
HSE Funding	532,320	560,340
HSE Lottery	-	5,000
Bord Gais / Cultural Companions	5,228	40,840
Miscellaneous Income	3,607	5,440
Legacy	32,137	-
Go For Life	617,179	673,857
The Community Foundation - Creative Exchanges	-	35,000
Bealtaine	132,240	157,802
Education & Training Sales	37,098	9,955
Atlantic Philanthropies / Get Vocal / Education & Training	680,777	15,000
Atlantic Philanthropies / Independent Commission on Ageing	-	100,112
AWC Training Sales	-	13,780
Movement in deferred income in the year	603	756,256
	2,041,189	2,373,383
DEPOSIT INTEREST		
Core Activities	17,305	31,090
	17,305	31,090

## YEAR ENDED 31st DECEMBER 2013

# SUMMARY OF ACTIVITIES

	Page	2013 €	2012 €
CORE ACTIVITIES			
Core Funding	17	532,320	560,340
Other Revenue	17	148,723	124,033
Deposit Interest	17	17,305	31,090
Expenditure	18 - 19	(783,734)	(861,347)
(Deficit) for year		(85,386)	(145,883)
WORK PROGRAMMES FUNDED BY OTHER	SOURCES		
Deferred Income at start of Year		526,648	1,282,879
Income Received In Year		1,634,498	1,289,091
Deposit Interest		5,000	15,000
Expenditure		(1,640,101)	(1,871,197)
Deferred Income at end of Year		(526,045)	(526,648)
			189,126
OVERALL (DEFICIT)/SURPLUS FOR THE YE	AR	(85,386)	43,243

# YEAR ENDED 31st DECEMBER 2013

CORE FUNDING	2013 €	2012 €
HSE	532,320	560,340
OTHER REVENUE		
Project Contributions towards Administration Costs	75,880	68,638
Sales	37,098	9,955
HSE Lottery	-	5,000
The Community Foundation - Creative Exchanges	-	35,000
Other Income	35,745	5,440
	148,723	124,033
INVESTMENT INCOME		
Deposit Interest	17,305	31,090
	17,305	31,090
	17,305	31,090

# YEAR ENDED 31st DECEMBER 2013

CORE EXPENDITURE		2012
	2013 €	2012
1 WELL BEING/SOCIAL INCLUSION	•	Č
Bealtaine Festival contribution	129,075	211,236
Samhain	11,023	2,303
Azure	153	3,937
25th Anniversary	14,712	-
Communications	66,032	106,194
	220,995	323,671
2 EDUCATION & RESEARCH		
Creative Exchanges	34,407	-
Research/Policy	30,475	75,800
Ageing with Confidence	-	16,463
Education & Training	75,000	75,000
	400.000	167.262
	139,882	167,263
3 CORE STAFF COSTS		
Salaries & Pension contribution	186,566	198,992
Redundancy expenses	65,688	-
Life Assurance contributions	5,030	5,167
Permanent Health Insurance	11,590	11,590
	268,873	215,749
4 MANAGEMENT & STAFF DEVELOPMENT		
Board of Directors	2,763	2,130
Staff Travel & Subsistence	2,549	2,556
Staff Development	521	1,500
Catering Meetings	197	477
Finance	43,686	40,054
	49,716	46,717
•		

# (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

# YEAR ENDED 31st DECEMBER 2013

### CORE EXPENDITURE (cont/d)

	2013 €	2012 €
6 OPERATION OVERHEADS		
Rent and Services Maintenance and Service Contracts Legal Fees and Company Registration IT Expenses Postage and Couriers Stationery and Office Supplies Office Requisites Audit and Accountancy Fees Insurance Bank Charges Sundry Expenses	50,213 2,370 1,722 28,310 2,637 6,346 2,409 4,068 2,472 580 3,141	50,838 1,640 861 29,481 3,280 6,847 3,691 4,314 2,410 584 4,001
TOTAL EXPENDITURE	783,734	861,347

# (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

### YEAR ENDED 31st DECEMBER 2013

## WORK PROGRAMMES FUNDED BY OTHER SOURCES

## GO FOR LIFE / IRISH SPORTS COUNCIL

	2013	2012 €
INCOME	€	€
MCONE		
Irish Sports Council	607,605	576,380
Irish Sports Council National Development Officer	<del>-</del>	70,000
Irish Sports Council Mori Research Grant	<del>.</del>	11,375
HSE East Coast	874	1,102
HSE	-	5,000
Community Foundation of Ireland	-	5,000
Clare Sports Partnership	3,200	-
University of Limerick	2,500	-
HSE/Lottery	3,000	5,000
	617,179	673,857
EXPENDITURE		
National Grants Scheme	302,673	289,140
Leadership Programme	50,135	74,322
Sport/Physical Activity Awareness	6,079	13,636
Administration	66,234	70,692
Salaries	178,639	168,603
Special Initatives	22,396	27,553
HSE PAL Support	684	1,368
Evaluation, Planning & Research	3,912	22,755
	630,752	668,069
(DEFICIT)/SURPLUS FOR THE YEAR	(13,573)	5,788
FORWARD FROM LAST YEAR	32,372	26,584
FORWARD TO NEXT YEAR	18,799	32,372

# (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

#### YEAR ENDED 31st DECEMBER 2013

# WORK PROGRAMMES FUNDED BY OTHER SOURCES

#### **BEALTAINE FESTIVAL**

	2013 €	2012 €
INCOME '		
Arts Council Dublin City Council Conference Income OPW Bealtaine Miscellaneous Income Age & Opportunity	90,491 300 - 19,928 26,748 129,075	85,000 500 24,910 - 47,393 211,236 369,039
EXPENDITURE		
Programme costs	107,938	179,832
Bealtaine Salaries	110,270	100,711
Additional Administration costs	9,068	15,059
Marketing/Public Relations	39,266	73,436
	266,542	369,039
SURPLUS/(DEFICIT) FOR THE YEAR		

#### YEAR ENDED 31st DECEMBER 2013

#### WORK PROGRAMMES FUNDED BY OTHER SOURCES

#### **ATLANTIC PHILANTHROPIES ACTIVE AGE IN PARTNERSHIP**

	2013 €	2012 <sub>.</sub> €
INCOME		
Altantic Philanthropies		100,112
		100,112
EXPENDITURE		
Personnel costs	46,313	23,000
Other Expenses .	2,550	3,280
Meetings	4,768	2,360
Tri Party Facilitator	27,675	38,246
	-	
	81,306	66,886
(DEFICIT)/SURPLUS FOR THE YEAR	(81,306)	33,226
FORWARD FROM LAST YEAR	81,306	48,080
FORWARD TO NEXT YEAR	-	81,306

# (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING SHARE CAPITAL)

### YEAR ENDED 31st DECEMBER 2013

# WORK PROGRAMMES FUNDED BY OTHER SOURCES

# ATLANTIC PHILANTHROPIES GET VOCAL/EDUCATION & TRAINING

INCOME	2013 €	2012 €
Atlantic Philanthropies Age & Opportunity Deposit Interest	675,777 75,000 5,000	75,000 15,000
	755,777	90,000
EXPENDITURE		
Age & Opportunity Overheads Contribution	15,120	-
Consultancy Support	43,470	24,136
Salaries	247,257	266,469
· Grants	104,364	360,705
Accomodation	21,385	20,760
Education/Training	165,578	-
Get Vocal	61,636	<u></u>
Other Expenses	2,691	4,432
	661,501	676,502
SURPLUS/(DEFICIT) FOR THE YEAR	94,276	(586,502)
FORWARD FROM LAST YEAR	277,099	724,601
FORWARD FROM LAST YEAR (EDUCATION INITIATIVE)		139,000
FORWARD TO NEXT YEAR	371,375	277,099