

OFFICE USE ONLY
Grantee Number



Incorporating **Age & Opportunity active**,
The National Sport and Physical Activity Programme
for Older People

Age & Opportunity Active National Grant Scheme 2022 To Welcome Older People Back to Sport and Physical Activity

**All relevant sections of this application form MUST BE COMPLETED in full and in CAPITAL LETTERS. We reserve the right not to consider incomplete applications.
Late Applications Will Not Be Considered Under Any Circumstances**

*Please read attached terms and conditions carefully. If you require assistance in completing this form, contact **Age & Opportunity's Active team**.*

You can also contact your local Health Service Executive Coordinator, Local Sports Partnership (see page 8) or in the case of a sports club, your national governing body <https://www.sportireland.ie/national-governing-bodies>

GRANT APPLICATION FORM	
ORGANISATION NAME	
CONTACT PERSON	
POSITION/JOB TITLE	<i>(i.e. Treasurer, Secretary, Physical Activity Leader, Nursing Home Manager, LSP / NGB Coordinator etc.)</i>
PHONE NUMBER	
ADDRESS LINE 1	
ADDRESS LINE 2	
ADDRESS LINE 3	
COUNTY	
EMAIL ADDRESS	

Age & Opportunity recognises the impact that Covid-19 has had on older peoples' participation in sport and physical activity over the last 2 years. Therefore, within this 2022 Grant there are specific allocations aimed at encouraging older people back to sport and their clubs.

We also recognise the impact Covid-19 has had on those living in nursing homes and attending day care settings so we are opening up the grant this year to all public and private nursing homes and day care settings

Sports clubs may apply for up to maximum of **€1,000**.

Nursing Homes and day care settings, both public and private may apply for up to maximum of **€1,000**.

Other grant allocations (e.g. older people's groups) will be between **€300 and €700**.

Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs) etc. that provide wider access to community groups may be allocated funding outside of these limits.

About your organisation

TYPE OF ORGANISATION

- Active Retirement
 ICA Group
 Men's Shed
 Day Care Centre
 Nursing Home
 Sports Club
 LSP
 Other (please specify _____)

Total number of members (or residents) _____

% members under age 50 years: _____ aged 50-69: _____ aged 70 or over: _____

Is your organisation located in a designated disadvantaged area (RAPID 1, RAPID 2 or Clár)?

- YES
 NO
 DON'T KNOW

BANKING DETAILS

It is essential to supply Bank/Credit Union account details (Note: post office accounts are no longer acceptable)

NAME OF BANK / CREDIT UNION	
BRANCH	
ACCOUNT NAME	<i>Account must be in name of the group / organisation not an individual</i>
BIC (8 digits required)	
IBAN (Full 22 digits required)	

PUBLIC LIABILITY INSURANCE DETAILS

It is essential to have public liability insurance covering the activities proposed.

Please confirm if you have the required public liability insurance in place: Yes No

These grants are designed to support the work of the Active programme, including the network of Physical Activity Leaders (PALs), the development of the Go for Life Games and other initiatives.

An active PAL is a group member who has taken part in Active PALs training and is regularly leading or helping to organise physical activities with the group.

Outline costs (i.e. equipment, tutor, transport, hall hire)	€
Total Grant applied for	€

3. Signatories

I declare that the information given in this form is true and accurate and I accept the conditions relating to grant-aid provided by the Active National Grant Scheme for Sport and Physical Activity for Older People.

CONTACT PERSON	
Name:	Date:

*In the case of a joint application for bowling equipment, please list below the other group(s) involved in the application. **Each group must complete a separate application form.***

GROUP NAME	
GROUP NAME	
GROUP NAME	

Completed application forms must reach the email or postal address below by 12 noon on Friday the 25th February 2022

Email your application to: active.grants@ageandopportunity.ie

If emailing your application form it is not necessary to sign the application or send a hard copy. Or post to:



Active National Grant Scheme for Sport and Physical Activity for Older People
Age & Opportunity
 St Patrick's Hall,
 Marino Institute of Education
 Griffith Avenue, Dublin 9

N.B. Late applications will not be considered. It is the responsibility of grant applicants to ensure that grant forms are received on time with all details completed. Note that due to the volume of applications we cannot acknowledge receipt of postal applications

4. Evaluation Form

Note: This section applies only if you received a grant in 2019 or 2020.

- How much did your group receive in 2019/2020? _____
- Did your group spend the full amount granted before December 2021? Y N
- Did your group subsidise the grant with other money? Y N
If so, by how much? _____
- How did you spend the grant received in 2019/2020?

<input type="checkbox"/> PALs equipment	<input type="checkbox"/> Dance	<input type="checkbox"/> Swimming/Aqua activities
<input type="checkbox"/> Go for Life Games equipment	<input type="checkbox"/> Facility Hire (Hall/Pool)	<input type="checkbox"/> Tai Chi
<input type="checkbox"/> Pickleball	<input type="checkbox"/> Walking Football	<input type="checkbox"/> Walking Programme
<input type="checkbox"/> Aerobics	<input type="checkbox"/> Pilates	<input type="checkbox"/> Yoga
<input type="checkbox"/> Bowling	<input type="checkbox"/> Pitch & Putt/Golf	<input type="checkbox"/> Other
<input type="checkbox"/> Cycling	<input type="checkbox"/> Sportsfest/Sports Event	<input type="checkbox"/> Go for Life Games event
<input type="checkbox"/> Online activity. If so what type of activity?		

- How many members of your group took part in physical activities enabled by the 2019/2020 grants? _____

What % of your group are:

Under the age 50 years _____ 50–69 years _____ age 70 or over _____

What % of your group are male? _____

- Did the grant encourage new members to join your group? If yes, how many?
If no, please put '0'
- Did the grant help the group come back together after Covid restrictions eased? Y N
- Do you think the grant made the group feel?
On a scale of 1 – 5 (1 meaning strongly disagree and 5 meaning strongly agree)

More active 1 2 3 4 5

More likely
to engage in physical
activity again 1 2 3 4 5

More connected to other people 1 2 3 4 5

More visible in our community 1 2 3 4 5

More confident 1 2 3 4 5

- Apart from activities funded by the grant does your group take part in regular physical activity together? Y N
- If yes, is this regular physical activity led by a member of your group? Y N N/A
- If yes, how often does your group take part in regular physical activity together?

Pre-Covid

- o Once a week
- o More than once a week
- o Once a month
- o More than once a month

Post Covid

- o Once a week
- o More than once a week
- o Once a month
- o More than once a month

- Did your grant/initiative target people with disabilities? Y N
- Is there anything else you'd like to share about the grant?

Age & Opportunity Active is funded by Sport Ireland and the HSE.



5. Key contacts

If you require assistance completing this form, contact the Active Programme team:

- **Sue Guildea**, Active Programme Manager
- **Paul Gallier**, Active Programme Assistant Manager
- **Ciara Dawson**, Active Programme Administrator
- **T:** (01) 805 7733 / **Website:** www.ageandopportunity.ie

You can also contact your local ●Health Service Executive Coordinator or your ▲Local Sports Partnership:

CARLOW

●Olive Fanning
(059) 914 3630
▲Deborah Foley
(059) 913 6207

(01) 222 8597

Dublin North

●Mary Scales
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(091) 737 261

Galway City

▲Jason Craughwell
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CAVAN

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KERRY

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CLARE

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KILDARE

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CORK

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KILKENNY

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●Lynda McGuinness
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▲Triona Faapito
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MAYO

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MEATH

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OFFALY

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ROSCOMMON

●Paul Gillen
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SLIGO

▲Shane Hayes
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TIPPERARY

●Catherine O'Loughlin
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▲Valerie Connolly
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WATERFORD

●Susan Scully
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▲Peter Jones
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WICKLOW

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Rest of Wicklow

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▲Denise O'Shea
0404 20100

**PLEASE REFER TO THE TERMS AND CONDITIONS DOCUMENT
ACCOMPANYING THIS APPLICATION FORM.**

**TERMS AND CONDITIONS ARE ALSO AVAILABLE ON
WWW.AGEANDOPPORTUNITY.IE**